



FACT



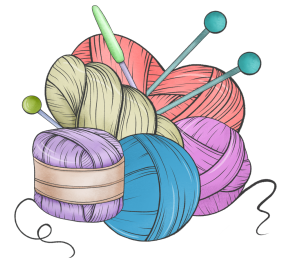
Monthly Newsletter - February 2023



It has been another lively month in Forres Town Hall for **Forres Area Community Trust** in January 2023, while we continue to support the Forres Area Community: Cameron Project Activities have continued with Yoga and Boro Darning Courses plus there have been Coffee Mornings in aid of FACT, the Forres Under 18s Volleyball Team and Forres Theme Day.



Craft & Chatter continues on Tuesday afternoons



Craft & Chatter is a friendly group that is *run by crafters for crafters!*
Only **£2 per person per week** to cover our expenses



Bring your **own Craft Project** & have fun crafting & chattering alongside others.
Also **bring your own mug** to enjoy the complimentary tea & coffee *plus biscuits.*



Everyone welcome. Every Tuesday: 1.00pm - 3.00pm



Needle Felting Workshop

with Dawn Cawthra-Smith



Friday 17th March: 10.00am - 4.00pm

£20 to make a brooch & picture on the day, plus you can take the materials home to create more projects. **Email: info@forresarea.org to book a place.**

FACT have recently been successful in being awarded Funding from a wide range of sources to support the Forres Area Community.



Thanks to effective Grant Applications FACT have been awarded over **£171,000:**

- **£50,000** for **Insulation for Forres Town Hall** from **Money for Moray** and **tsiMORAY's Just Transition Participatory Budgeting Fund**.

Thanks again to everyone who voted in the Participatory Budgeting Voting Process which enabled FACT & 12 other Organisations across Moray to get a share of £333,333.

- **£35,146.72** to pay for **Surveys** needed as part of the **Forres Town Hall Redevelopment Project** from the **Berry Burn Community Fund**.
- **£25,000** for FACT's **Forres Pantry** from the **People's Postcode Trust** which is supported by players of the **People's Postcode Lottery**.
- **£20,000** for the **Forres Town Hall Redevelopment Project** from the **Scottish Community Landfill Fund**.
- **£19,250** to support FACT's **Cameron Project** which helps to reduce **Social Isolation** in the Forres Academy Catchment Area from the **Local Action Fund** which is distributed by the **Moray Local Action Group**.
- **£15,000** for **Surveys** for the **Forres Town Hall Redevelopment Project** from the **Architectural Heritage Fund**.
- **£5,000** for the **Cameron Project** from the **Crerar Trust**
- **£2,000** for the **Menopause Moments Pilot Project** from the **tsiMORAY's Community Wellbeing Participatory Grant Making Funding**.

Also thanks to everyone who voted in the Participatory Grant Making Voting Process which enabled FACT & 11 other Organisations across Moray to get a share of £20,000.

We really appreciate that many different Funding Partners have recognised the work that FACT does to support the Forres Area Community by awarding us Grants.

This is all in addition to the **£149,907** which was awarded to **FACT** by **The National Lottery Community Fund** to spend over 3 years to support the work undertaken by our Cameron Project, Forres Online & Volunteer Coordinators.



The ESF Employability Project and **Forres Online** are joining together to provide Digital Support in their **Employability Sessions**.

These will provide FREE help for Job Seekers and Long Term Unemployed.

FREE Dropin Sessions: 2.00 - 4.00pm EVERY THURSDAY

In the North Room at Forres Town Hall

Get help with Job Searches & Applications, updating CVs, as well as improving your digital skills.



Contact janice@forresarea.org or michelle@forresarea.org for more info

Befriending aims to reduce social isolation.

Originally this Project was aimed at the over 50's, however it is now available to support anyone in the Forres Academy Catchment Area to help develop more connections.

We have a new member of Staff who has joined our Team, **Frances Jamieson**, who has been employed to try & reduce the backlog of Befriending Referrals.

We are currently inundated with Referrals for our Befriending Programme & WE NEED YOUR HELP!

COULD YOU:

- Phone someone for a weekly chat?
- Accompany someone to an activity or to the library?
- Pop round for a coffee or meet up for a walk in the park?
- Support a young parent at a Toddler Group?
- Take someone to do their weekly shop?
- Support someone while their partner takes some time out from their fulltime caring role?



If you answered yes to any of the above, then you could make the perfect Befriender!

If you have a little time each week to make someone's day, please get in contact with Frances by emailing frances@forresarea.org or calling 01309 674388.

Dates for your Diary in February 2023

Forres Online Drop-in Sessions: Every Tuesday: 2.00pm - 4.00pm

Forres Online Drop-in Sessions: Every Friday: 1.00pm - 3.00pm

Employability Sessions: Every Thursday: 2.00pm - 4.00pm

Forres Online Outreach: Dyke - **Wednesday 22nd February**

FREE Gentle Seated Exercise & Drumming Class with Esther

Every Tuesday: 10.30am - 12 noon including a cuppa & a chat.

FREE Fitness MOTs - Every Tuesday from 7th February at 12.30pm, 1.00pm or 1.30pm

Transform Tuesday - FREE Intermediate Exercise Class with Esther

Every Tuesday from 7th February: 2.00pm - 3.00pm

Email: esther@forresarea.org to book a place



Cameron Project Classes - supported by tsiMORAY

FREE Yoga Classes with Valentina - Wednesdays until 15th February in the Main Hall

Dance Yoga: 9.30 - 10.30am & **Slow Yoga:** 10.45 - 11.45am | Minimum age: 16 years

FREE Boro Darning Course with Kirsty - 4 week Course

Tuesdays until 7th February: 10.00am - 12 noon in the North Room

FREE Drawing & Painting Classes with Andrea - 5 week Course

Thursdays from 2nd February to 2nd March

2.00pm - 4.00pm in the Lesser Hall | Minimum age: 16 years

FREE Singing Classes with Andrea - 5 week Course

Thursdays from 2nd February to 2nd March

6.00pm - 8.00pm in the Lesser Hall



Decorative Patterned Papers with Dawn - £20 for a 1 day Workshop

Friday 17th February: 10.00am - 4.00pm



Booking is essential for all activities.

Contact us on info@forresarea.org or 01309 674388

See our website for up-to-date listings: www.forresarea.org

Coffee Mornings - Saturdays: 10.00am - 12 noon

February 4th - in aid of the Rotary Club of Forres

February 11th - in aid of FACT & Forres Town Hall

February 18th - in aid of the Victoria Bowling Club

February 25th - in aid of Logie Primary School



Pop Up Pantry in the Lesser Hall

Saturday 4th & 18th February: 10.00am - 12 noon

Friday 10th & 24th February: 2.00pm - 4.00pm

