

FACT

FORRES AREA COMMUNITY TRUST



Directory of Services for People in the Forres Area

**Prepared by
Forres Area
Community Trust
(FACT)
Summer 2023**



Dear Reader

We are fortunate to have many groups, services and activities happening within the Forres area. Some have recently started and some are already well established.

We hope that this directory will be beneficial in highlighting these organisations and making contact with them easier.

This directory replaces the old copy which was published in 2017.



CONTENTS

HEALTH AND WELLBEING PAGE 2

COMMUNITY GROUPS..... PAGE 4

**SOCIAL GROUPS
AND ACTIVITIES PAGE 5**

FACT: FORRES TOWN HALL..... PAGE 5

FORRES COMMUNITY CENTRE..... PAGE 7

HALLS AND VENUES PAGE 9

FAITH AND WORSHIP PAGE 10

FINANCE AND BENEFITS..... PAGE 11

TRANSPORT PAGE 12

HEALTH AND WELL-BEING

Do you need help with staying healthy? Would you like support with your mental health or meeting new people? Do you need an optician, dentist, pharmacy?

EMERGENCY NUMBERS..... 999 main emergency number
112 emergency services if outwith UK
101 contact the Police non emergency number
111 NHS advice line non emergency number
0800 22 44 88
NHS Inform Helpline

ALCOHOLICS ANONYMOUS	0845 769 7555 help@alcoholics-anonymous.org.uk
ALZHEIMER'S SCOTLAND (Moray Branch)	01343 552080 morayservices@alzscot.org
BOOTS PHARMACY, Forres	01309 673370
BREATHING SPACE	0800 838 587 www.breathingspacescotland.co.uk
CLEAR 99 PHARMACY, Forres	01309 672614
CLEAR 83 PHARMACY, Forres	01309 672784
CITIZENS ADVICE BUREAU, Moray	01343 555163 (Mon-Wed mornings) www.moraycab.org.uk
CRUSE BEREAVEMENT CARE SCOTLAND	0845 600 2227
(Moray Branch)	moray@crusescotland.org.uk
CULBIN AND VARIS MEDICAL PRACTICE	03453 371120
Grantown Road, IV36 1JG.	www.forreshealthcentre.co.uk
DEMENTIA CAFÉ	01343 552080
The Bowling Green Pavilion, Forres.	
DENTAL INFORMATION & ADVICE	0845 456 5990
DIFFERENT STROKES	01908 317618
Support and advice for stroke survivors.	www.differentstrokes.co.uk

DR GRAY'S HOSPITAL, Elgin	08454 566000
EPILEPSY SUPPORT GROUP, Forres	07871 151198
FORRES HEARING CONCERN SUPPORT GROUP ..	01309 675140
FORRES LIBRARY, Forres House	01309 672834
M J HOUSDEN OPTICIAN, Forres.....	01309 673801
McLACHLAN OPTICIAN, Forres.....	01309 675089
MORAY COUNCIL OLDER PEOPLE'S DEVELOPMENT TEAM	01542 886020
MORAY COUNCIL, Elgin	01343 543451
MORAY DIABETES GROUP	moraydiabetesukgroup@yahoo.co.uk
MORAY DISABILITY FORUM..... A forum to promote the welfare of disabled people in Moray.	01343 567187
MORAY DRUG AND ALCOHOL PARTNERSHIP	01343 543792 www.madp.info
MORAY FOOD BANK (by referral)	01343 208293 www.communityfoodmoray.co.uk
MORAY WOMEN'S AID	01343 548549
NHS GRAMPIAN DENTAL INFORMATION AND ADVICE	0845 456 5990
NHS GRAMPIAN HEALTHPOINT Monday to Friday 9 – 5pm.	0500 202 030 healthpoint@nhs.net
NORTH EAST SENSORY SERVICES 10 Victoria Crescent, Elgin.	01343 547617
QUARRIERS CARER SUPPORT SERVICE..... Providing advice and support for unpaid carers.	01343 556 031 carersmoray@quarriers.org.uk
RAPE AND ABUSE SUPPORT	01224 620772 www.rasane.org.uk
SAMARITANS	01343 543000 www.samaritans.org
SHELTER 8am – Midnight.....	0808 800 4444
SILVERLINE Helpline for older people, open everyday 24 hours.	0800 470 8090

VICTIM SUPPORT MORAY	01343 544607
WHEELCHAIR CARE	01309 676677
MORAY WELLBEING HUB..... For peer support, wellbeing courses and help to get connected.	01343 576 219 hello@moraywellbeinghub.org.uk
MORAY WOMEN'S AID Support services for women and children experiencing Domestic Abuse/Violence.	01343 548549

COMMUNITY GROUPS

There are many groups throughout the Forres area that are open to new members and volunteers. A great way to get involved in your local community.

DYKE LANDWARD COMMUNITY COUNCIL..... Dyke & District Village Hall.	secretary@dykelandwardcc.co.uk
FINDERNE COMMUNITY COUNCIL	01309 221026 findernecc@gmail.com
FINDHORN & KINLOSS COMMUNITY COUNCIL	mail@fkcc.online
FINDHORN VILLAGE CENTRE	01309 692339 findhornvillage@yahoo.co.uk
FORRES AREA COMMUNITY TRUST	01309 674388 info@forresarea.org
FORRES AREA FORUM.....	01309 676939 forresareaforum@btinternet.com
FORRES AREA BUSINESS ASSOCIATION.....	info@forresareabiz.co.uk www.forresareabiz.co.uk
FORRES COMMUNITY COUNCIL.....	info@forrescc.co.uk
FORRES COMMUNITY WOODLANDS TRUST	01309 672244 fcwt.secretary@gmail.com www.forrescommunitywoodlands.org
FORRES FOOTPATHS TRUST	01309 675501 forresfootpathstrust@gmail.com www.forresfootpathstrust.org.uk

FORRES HERITAGE TRUST	01309 672679
Volunteer at The Tolbooth or Nelsons Tower.	www.forresheritage.org
FORRES HIGHLAND GAMES COMMITTEE	07901696855
FORRES IN BLOOM	01309 641342
	www.forresinbloom.co.uk
FORRES THEME DAY COMMITTEE	info@vintageforres.com
KINLOSS ABBEY TRUST	info@kinlossabbey.org
	www.kinlossabbey.org
MORAY WASTEBUSTERS	01309 676056
	info@moraywastebusters.org
NEW FINDHORN ASSOCIATION	01309 692223
	www.findhorn.cc
REBOOT (COMPUTER RECYCLING), Forres	01309 671681
ROTARY CLUB, Forres	01309 694816
	www.rotary-ribi.org/clubs/officers
TRANSITION TOWN FORRES	ttforres@gmail.com
SWIMMING AND HYDROTHERAPY POOL	01309 672984
Fitness Centre, Forres	www.morayhydrotherapypool.co.uk

SOCIAL GROUPS AND LEISURE

There is a lot going on in the area! Whether you already have an interest, or are looking to try something new, there is something to suit everyone.



FORRES AREA COMMUNITY TRUST















FACT is a development trust with long term plans to make Forres a better place to live, work and visit. It is led and managed by a board of 9 local people and is based in the Town Hall, on Forres High Street.

Contact FACT on 01309 674388 or email info@forresarea.org



FORRES TOWN HALL



-  **FILM FORRES** – cinema showings of recent films, both adult and child friendly.
-  **FORRES AND DISTRICT PIPE BAND**
-  **SCOTTISH COUNTRY DANCING**
-  **CAMERA CLUB**
-  **FITNESS CLASSES**
-  **ART CLASSES**
-  **COFFEE MORNINGS**
-  **HIGHLAND YOUTH THEATRE**
-  **FORRES OAP ASSOCIATION**
-  **TURNING POINT** – church based meetings and activities.
-  **FORRES ONLINE** – offers face to face digital support.
-  **CAMERON PROJECT** – offers a befriending service, events and activities to help reduce social isolation and loneliness in the Forres area.
-  **POP-UP PANTRY** – a weekly ‘shop’ where members can purchase low cost food.
-  **FORRES AREA TOURISM NETWORK** – a collaboration between a number of tourism related businesses in the Forres area, working together to enable tourism to thrive.

FORRES HOUSE COMMUNITY CENTRE

Located on the High Street next to the library. The centre offers a range of activities such as:

**BADMINTON · TAI CHI · FITNESS CLASSES · DANCING · INDOOR BOWLING · ARCHERY
MARTIAL ARTS · FOOTBALL · BASKETBALL · YOGA · ART GROUPS · WRITING GROUP**

For more details please contact the **Community Centre on 01309 672838**
or email forres.house@moray.gov.uk

OTHER LEISURE ACTIVITIES

BITE AND BLETHER , St Leonards Church Hall.....	01309 671595
FINDHORN BOWLING CLUB . All welcome.	01309 673847
FINDHORN SWI . All ages of women welcome..... Held at James Milne Institute.	01309 673847
FINDHORN TENNIS CLUB , 3 Fyrish Road..... All welcome.	07817 076946
FINDHORN VILLAGE ART CLUB	07773 650615
FORRES 50+ WALKING GROUP	01309 676993
FORRES ACCORDION & FIDDLE CLUB	01309 672672
FORRES ANGLING ASSOCIATION	07891 778111
FORRES ARTHRITIS SUPPORT GROUP	01309 673505 / 675489
FORRES BIG CHOIR	01309 672951 / 07876 213576
FORRES BOWLING CLUB	07876 684203
Taster Sessions Available.	
FORRES CRAFTERS	07565 499598
Local craft group developing skills, socialising and arranging craft fairs.	forrescrafters@gmail.com
FORRES CRICKET CLUB , Grant Park, Forres.	forrescricket@gmail.com
FORRES LIBRARY , High Street, Forres.	01309 672834
FORRES SENSORY GROUP For people over 65 with sight/hearing loss.	0345 2712345
FORRES SQUASH & FITNESS CLUB	01309 672103
FORRES STEPPING OUT A weekly free volunteer led walk.....	fsowalkinggroup@gmail.com



FORRES TENNIS CLUB, Albert Street, Forres..... forrestennisclub@outlook.com

FORWORDS WRITING GROUP..... [01309 674489](tel:01309674489)
Creative writing group.

GRANT PARK BOWLING CLUB [01309 673062](tel:01309673062)

LINE DANCING FOR OVER 50's..... [01309 672019](tel:01309672019)
Held in Masonic Lodge, Forres

MORAY CHESS CLUB [07717 842633](tel:07717842633)
Held at The Abbey Inn, Kinloss.
Players of all ages and abilities welcome.

MORAY GAELIC GROUP [01343 576000](tel:01343576000)

MORAY MENS SHED [07786 222600](tel:07786222600)
A place to socialise and share skills and ideas. www.moraymensshed.co.uk

RAFFORD SWI. Held in Rafford Village Hall. [07709 661501](tel:07709661501)

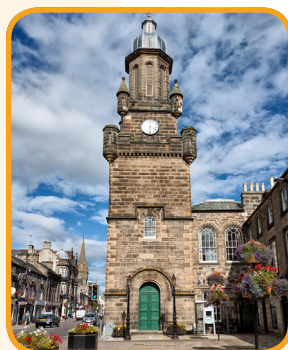
ROYAL FINDHORN YACHT CLUB..... [01309 690247](tel:01309690247)

STEAMIE HANGOUT..... [01309 696242](tel:01309696242)
Held at Horizon Scotland.
Enjoy a hot drink and chat about Science,
Technology, Engineering, Art, Mathematics,
Innovation and Enterprise.

HALLS AND VENUES

A list of suitable places for holding meetings, setting up a new group, or simply having a party!

ALVES HALL	01343 850310
DYKE & DISTRICT VILLAGE HALL	dykevillagehall@gmail.com
EDINKILLIE COMMUNITY HALL	01309 611593 edinkilliehall@gmail.com
JAMES MILNE INSTITUTE, Findhorn	01309 692365
FINDHORN VILLAGE CENTRE	01309 692339 findhornvillagecentre@gmail.com



The Tolbooth, Forres

FORRES AREA TOWN HALL	01309 674388 info@forresarea.org
FORRES HOUSE COMMUNITY CENTRE	01309 672838
HOULDSWORTH INSTITUTE, Dallas	01343 890246
MASONIC LODGE, Forres	secretary@lodgestjohnoperative37.org
MORAY ART CENTRE, Findhorn	01309 692426
RAFFORD VILLAGE HALL	01309 673990 raffordvillagehall@yahoo.com
ST LEONARDS CHURCH HALL, Forres	01309 672380
THE TOLBOOTH, Forres	01309 672679
ROYAL BRITISH LEGION, Forres	01309 672131 secrblsforres@gmail.com
TRANSITION TOWN, Forres	ttforres@gmail.com
PARK ECOVILLAGE, Findhorn	01309 692223



FAITH AND WORSHIP

*There are a range of faith based services available in the area.
Contact them directly for more information.*

ALVES PARISH CHURCH	01343 550199
BAPTIST CHURCH SUNDAY SERVICE	01309 676974
CAROLINE STREET GOSPEL HALL, Forres.....	07766 837609
CHRISTIAN COMMUNITY, Forres	01309 694809 www.forrescc.com
CHURCH OF SCOTLAND, Edinkille Parish.....	01309 271203
CHURCH OF SCOTLAND, Kinloss & Findhorn	01309 690348
DYKE PARISH CHURCH	01309 271203
KINGDOM HALL OF JEHOVAH'S WITNESSES Forres	01309 676795
QUAKER MEETINGS, Rafford Village Hall	01343 850398
RAFFORD PARISH CHURCH	01309 694809 raffordchurch@gmail.com
ST JOHN'S EPISCOPAL CHURCH, Forres.....	01309 672856
ST LAURENCE PARISH CHURCH, Forres.....	01309 673171
ST LEONARD'S CHURCH, Forres.....	01309 671595
ST MARGARET'S CATHOLIC CHURCH, Forres	01343 542280
ST MICHAEL'S CHURCH, Dallas	01309 672380
THE LIGHTHOUSE CHURCH, Forres.....	01309 676974
TURNING POINT CHURCH, Forres	tpc.scot@gmail.com

FINANCE AND BENEFITS

If you need help with your finances, there is help available locally.



ESSENTIAL SKILLS ADULT LEARNING..... 01309 672838
Forres House Community Centre
(Numeracy and budgeting help and advice). adult.learning@moray.gov.uk

MORAY FIRTH CREDIT UNION..... 01309 676735
53 High Street, Forres. www.forresareacreditunion.co.uk

FORRES POST OFFICE..... 01309 672106
172 High Street, Forres.
Open Monday to Sat 8am-6pm.

ROYAL BANK OF SCOTLAND MOBILE BRANCH.... 03457 242424
(Parks at Applegrove Primary School).

JOB CENTRE, Tytler Street, Forres 0800 169 0190
www.gov.uk/jobsearch

THE MORAY COUNCIL 0300 1234561

MONEY ADVICE SERVICE
Call to book a free appointment
with a Money Adviser.



TRANSPORT

All you need to know for how to get around the area. Buses, trains and taxis.

GENERAL

MORAY CAR SHARE 01309 720120

ROYAL VOLUNTARY SERVICE 01343 542862

www.royalvoluntaryservice.org.uk

Social transport scheme for medical, hospital, dental or other visits.

TRAVELINE SCOTLAND 08712 002233

www.travelinescotland.com

Impartial public transport journey planning and timetables.

BUSES

M-CONNECT 0300 1234565

Pre-booking bus service.

OSPREY TRUST BUS 01309 672399

Bookable community transport bus suitable for the elderly.

STAGECOACH ROUTES 10 AND 11 (DAILY) www.stagecoachbus.com

Inverness to Aberdeen via Nairn Elgin and Forres.

STAGECOACH ROUTE 31/31B (MON TO SAT)

Elgin to Forres via Findhorn and Kinloss

TRAINS

Forres Railway Station IV36 3AD 08457 484950 (24 hours)

or 03303 030111

www.scotrail.co.uk

TAXIS

Forres Taxis 01309 672353

Len's Taxis 01309 673363

Mac's Eco Taxi 07936 311924

Mundole Taxis 01309 673168

Spot On Cabs 07989 187015



Gardens at Grant Park, Forres

Disclaimer

Information in this directory is provided in good faith. Every effort has been made to ensure accuracy at the time of printing and any subsequent changes will be noted and held for future editions. We take no responsibility for the conduct of services listed. Information is provided as a guide only and comes with no recommendations. We accept no liability for any loss or damage which may arise or result from any error or omission.

This directory was produced with the support of the following organisations:
Forres Area Community Trust, Moray Local Action Group, Beatrice Partnership Community Fund.



Beatrice
Offshore Windfarm Ltd



THE CAMERON
PROJECT
A Forres Area Community Trust Project

Desig&Print: MMS Print & Design · 01343 551234 · www.mmsalmac.com

This directory is also available in the following formats - Audio on USB, Large print.
If you require any of these please contact FACT on 01309 674388.



Forres Area Community Trust is a company Limited by Guarantee,
registered in Scotland as Company No. SC412275

Forres Area Community Trust is a registered Charity in Scotland No. SC044953

Forres Area Community Trust

High Street

Forres

IV36 1PB

Tel: 01309 674388

Email: info@forresarea.org

www.forresarea.org



www.facebook.com/forresarea



[@Forres_Area](https://twitter.com/Forres_Area)